Methodist Le Bonheur Healthcare
Mission Integration Division

INSTRUCTIONS FOR HAND-MADE FACE MASKS

Methodist Le Bonheur Healthcare sincerely appreciates your assistance by creating protective equipment for our healthcare workers. The instructions below are to create cloth masks that can extend the life of N-95 masks.

Completed masks may be delivered or mailed to:

METHODIST LE BONHEUR COMMUNITY OUTREACH
600 N. JEFFERSON STREET
MEMPHIS, TN 38105

GERMANTOWN UNITED METHODIST CHURCH
2331 S. GERMANTOWN ROAD
GERMANTOWN, TN 38138

Please drop off masks between 9:00 AM and 1:00 PM. At Methodist Le Bonheur Community Outreach, please ring the buzzer and alert the front desk you are dropping off face masks. At Germantown UMC, please use the double glass doors on the West Side of the building, and place masks in the marked box inside the first doors.

DIY FACE MASK SUPPLIES

- Tightly-woven cotton fabric, no knit fabric, on both sides - *Please prewash the fabric before assembly*
- Two 9 inch x 6 inch rectangles of fabric for Adult, 7.5 inch x 5 inch for Child
- *Preferred method*: Two 7 inch pieces of 1/8 inch flat elastic (cord elastic or beading elastic may also be used)
- *Alternative method*: If you cannot find elastic, you can use four fabric ties, one in each corner. Each tie will be 18" long. Sew one tie in each corner, being careful not to catch the ties in the side seams
- Scissors or rotary cutter and mat
- Sewing machine
- Thread
- Iron

HOW TO MAKE A FACE MASK

1. Place the right sides of the fabric facing each other. Place the elastic or ties, inside each corner (on the short sides) to the interior of the pocket.
2. Instead of pinning the elastic or ties, it is simple to place it inside as you sew around the outside edge of the fabric. If using cord or beading elastic tie a knot in the ends.
3. Stitch all the way around leaving an about a two inch in the opening in the middle, along one of the long sides.
4. Turn right side out and press.
5. Make three pleats on each end where the elastic is sewn. Pin. Make sure the pleats are going the same direction on each side.
6. Stitch all the way around the masks twice.